



Find What is Worthy of Your Trust, and Remain Steadfast in Faith

Hi folks. We hope you've been well. However, bad the recent past and present situation has been, we hope you continue to look forward to tomorrow. In the face of overwhelming trials and valleys of uncertainty, when the numbers don't add up and the experts proclaim the worst, what can sustain us? **Faith.**

So many of us go through life without truly believing in anything. We follow, not out of conviction, but a need to be part of a herd. Our constantly busy lives and repetitive routines meant we never had to reflect on it. Well, now for many the safety of that herd is gone, and as we deal with difficult questions that have no answers, we must add one more to the tally: **what do I have faith in? What can I trust to give me the strength to wake up each day and fight?**

Is it faith in the world to be inherently altruistic? Faith in a higher power that watches over you? Or faith in your own tenacity? Read Bernard Lee's [journey through faith and how it has made him a better leader and a better man](#). We hope that **you** too will find your own unique answer.



And the peace that follows.

" I started recollecting key success moments, and I realised that much of it was being recklessly brave "

- Roshan Thiran, Founder and CEO of Leaderonomics

You're playing a round of poker and it's time for the last card to be dealt. If it turns out to be an ace of spades, you will have the best hand in the game and win. Any other card, and your hand is worthless. Your opponent raises the bet and now you can either fold and let them win by default or go all in. What do you do?

Most would have folded. And the funniest thing is part of the reason is that they were afraid **not just of failing, but of being judged by others for being so bold and daring**. This is how life plays out - always playing it safe so no one can ridicule us. Perhaps Roshan can [change your mind](#). Read what he has to say [about the value of risk-taking, especially during a time when no one else will](#). By the way, he's going to be presenting a webinar on Crisis Transformation, so do check it out!

With Faith Comes Absolution

No one has a past free from negative experiences. Depending on how we deal with them, our past experiences can continue to affect our present-day lives. The present-day experiences then become negative, and in turn affect our future experiences.

Scott Friedman; Author of 'Celebrate: Lessons Learned From The World's Most Admired Organizations', shares his short and sweet nugget of wisdom on [leading a much happier life: to look back on our past through the lens of gratitude](#).



What's The Secret To A Happier Life?

"If we look at the past through the eyes of fear, resentment and anger, [do you know how that shows up in our future?](#)"

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